

Kestrel Educational Adventures Annual Report

2016-2017

Inspiring wonder, understanding and connection to the natural world through playful, outdoor, scientific inquiry.



186 Main Street, Gloucester, MA • <u>www.kestreleducation.org</u>

From the Founder

Maybe you could add some grasses to your marsh, one first grader offers to another. Are you going put your model in the showcase? another student asks. As I walk around the classroom, observing and assisting students as they craft models of the local forest and marsh, I see them consulting their own journal drawings and field guides, and offering each other feedback.



This is one of my favorite Kestrel days; a day that

blends muddy adventures with the joy of creating. As the students form models reflecting their own experiences, I realize how much being invited to create for others matters to them. They work diligently, pondering the best placement of details - spots on clay butterfly wings, ripples on cellophane water. The resulting models are impressive and emotive; they convey the feeling as well as the landscape of the area.

Creating original work that stems from direct experience is a signature of Kestrel's approach. This makes every experience we have in nature personal to each learner. While exploring, there are many exciting sights, sounds, and smells. Perhaps we visited a vernal pond and observed insects, frogs, and salamanders in various life stages, noticing behaviors, body forms, and where they were found. These experiences are an essential step in building an indelible understanding of how natural systems work. Yet, another step is needed. Creating a piece for an audience, based on information collected in the wild, leads learners to assemble parts into a cohesive whole. When we move from having visited a vernal pond to making a field guide highlighting the life cycles of each animal we observed, students develop an understanding of how animals' changing bodies impact their behavior, habitats, and even the ecology of their surroundings.

When we come back inside after a field exploration to make original work, the students open their journals and share their drawings, pass around nuts or plant samples we collected in the field, or review their data sheets. Then we ask a big question, the same question we asked in the field: How do forests provide food for different animals? Or, how does water move and change form? Next, we apply this big question to the specific small place where we stomped, searched and wandered, and the students discuss how they will help others understand how life and earth processes work in this place. As students start to work they are constantly encouraged to reference their own sensory experiences. Very often, it is during the process of creating work for sharing that I witness epiphanies. For example, as they are mapping out the forest, they may notice that most of the chipmunk burrows are under beech and oak trees.

At our annual student work showcase, any student or class is invited to display their work. Coastline maps line the walls, games about animals' senses are set up for play, intricate sculptures adorn our shelving, and homemade field guides are open for perusing. The public is invited in to meet the young scientists and artists who created the work. When I listen as students explain natural processes to adult visitors, these culminating moments of connecting and sharing are, perhaps, the most rewarding moments of all.

- Jessica Kagle Founder and Program Director

From our Board Chairperson

Kestrel's power, just like the power of our namesake falcon - the smallest falcon - is in our ability to hover and dive deep.

One of our goals this year was to help students "dive deep" into science learning. And dive we did! Our work connected scientists of all ages to the natural world, building their expertise and capacity for inquiry. Kestrel Educational Adventures' unique approach to learning means that the 4-year-olds enrolled in Being Animals get to ask questions and investigate insects through focused observation, imaginative leaps into the natural world and expert conversation with their instructors; new Kestrel instructors are also treated to the chance to learn at their level. Recently trainees spent the day with two Essex County expert naturalists, learning bird identification and herpetology at a level associated with graduate work in natural science and ecology. Veteran instructors challenged themselves in BioBlitzes - gatherings of professional and student naturalists designed to collect usable data about the state of the biome at this moment. For us, diving deep means slowing down, noticing the world and taking the time to observe, be a part of and reflect on our natural world.



Kestrel was heartened to be one of many organizations participating in this year's March for Science. Our commitment to teaching and learning is steadfast, as is our belief in the importance of continuing to promote science and inquiry. We hope to continue our pattern of hovering – reflecting, gathering resources, training staff – and diving deep into the projects such as those you'll see described and reflected in the pages of this report.

> -Caitlin Featherstone Board Chairperson

ABOUT US

Based in Gloucester, Massachusetts, Kestrel Educational Adventures is a 501(c)(3) nonprofit charitable organization specializing in nature-based science education.

We serve the communities of Rockport, Gloucester, Manchester, Essex, Beverly, Salem, and Reading, among others. Founded to support natural science learning at the Gloucester Public Schools, Kestrel has grown dramatically since it was conceived as an all-volunteer project in 2002. Today we work with dozens of schools representing thousands of students in communities across Eastern Essex County.

Our instructors are well-trained, practiced, professional educators who understand how to guide students to overcome misconceptions, forge deep understanding, think critically and analytically, and create original work. In addition to our work with schools, we offer a menu of youth programs, including after school, homeschool and summer programs, and we also offer professional development for educators. The Get Outside Center (GOC), the physical home of Kestrel Educational Adventures and the Cape Ann Vernal Pond Team, has now been open for 3 years. The GOC reaches people of all ages and experience levels. Visitors come in to connect with our small wildlife, get hiking advice, seek help identifying species, and to interact with our exhibits. Members borrow binoculars, field guides, compasses, and more, to enrich their outdoor experiences.

Kestrel Staff

Jessica Kagle, Program Director Jessica holds a master's degree from Harvard Graduate School of Education, and has a lifelong passion for playing in the woods and along the shorelines. She has 16 years of experience as a professional naturalist and educator, and a great love for the wildlife and lands of New England. She spent five years as a school science teacher, with an emphasis on designing semester long service learning projects with her students. Jessica teaches primarily through asking children to design creations based on real experiences, and by encouraging them to be adventurous and muddy. She loves nothing more than educating people through relationships with wildlife. Jessica founded Kestrel 15 years ago, and specializes in curriculum design for project based learning.

Clayton Kern, Program Coordinator Clay has a deep passion for plants, animals, and fungus, along with an obsession with fossils. He grew up with a strong connection to nature in York County, Pennsylvania and has always enjoyed educating both children and adults. He loves living off what the Earth provides by foraging, hunting, fishing, and gardening. Clay worked for Kestrel for three years as an instructor and Program Coordinator, specializing in survival and marine science classes, and holds a Master of Science degree in Marine and Environmental Biology.

Curtis Sarkin, Instructor Curtis Sarkin received a bachelor's degree in Natural History from UMass Amherst. Before working for Kestrel, he taught hands-on marine science, conducted whale and turtle research, and explored the rainforests and reefs of Central America and Australia. He has been educating the public about local wildlife for over ten years, and enjoys nothing more than when children ask him challenging and thought-provoking nature questions. Curtis serves as the Kestrel science program and nature cabin instructor at the YMCA's Camp Spindrift, and also teaches school and after school programs during the rest of the year.

Amber Espar, Instructor Amber has worked as an environmental educator and community organizer for over 17 years. She has taught programs for ages preschool through high school with Kestrel, Groundwork Somerville, Mass Audubon, the Palo Alto Junior Museum & Zoo, and the Cambridge School of Weston. Amber is part of the True Story Theater company, performing improvisation that celebrates human connection and promotes healing of divides. She has worked for Kestrel as an instructor on and off for over ten years, and especially enjoys bringing improvisation and storytelling into our science programs.

Ben Rossetter, Instructor Ben received a Master's Degree in Education at the Teton Science Schools and Prescott College. After finishing his BA in Philosophy at Hamilton College, he spent the past ten years wandering the country guiding, teaching, skiing, and rock climbing. His thesis and continuing work are based on how to design programs that build deep connections between people and unique natural places. He worked as a STEM program instructor at the Bowditch School this year, as well as instructing on other school programs.

Tracy Bowen, Bookkeeper Tracy is grateful to have grown up in a place and a time where she was free to roam unsupervised in the Great Sippewissett Marsh and play with the animals at neighboring Sacconnesset Farm on Cape Cod. She's a great believer in giving kids time to explore nature and in Kestrel's mission; she's hopelessly drawn to working in non-profits. Tracy keeps our finances organized and manages our payroll.

Spencer Taft, Intern Spencer, our summer Get Outside Center intern, is a Biology and Environmental Studies student at Brandeis University, and has been an active member of Students for Environmental Responsibility. He has an insatiable curiosity about the natural world and loves to share everything he knows. Spencer previously interned at Ocean Alliance, and came to us with an interest in learning more about education and wildlife. He is committed to building partnerships among local non profits. While at Kestrel, Spencer designed many hands on activities, stepped up our outreach into the wider community, and brought many people into the center to explore on a daily basis.













Program Highlights

We worked with 23 school and programs, 10 towns and over 2,300 students in programs this year. Read about some of our program highlights!

Marine Explorers April Vacation Program, Bentley Academy Charter School, Salem

Designed to suit the school's needs and fit the natural surroundings, the Marine Explorers program was a four day long intensive science immersion for fifth graders at this Salem Charter School. The Bentley School is situated directly across from several mud flats and beaches near Salem Willows. On the first day, we did team building work and socio-emotional skill building, and then asked the kids to decide on final projects to work towards. They chose to make a field guide and short nature film about the nearby marine life.





For two afternoons, we outfitted the students with mud boots, video cameras, binoculars, nets, and buckets, and explored the shoreline, collecting many creatures. We put together a marine life tank with live fish, barnacles, crabs, and snails. We then spent two days observing the live animals, researching their habitats, and assembling projects. Kids made field guides and edited videos, adding narration describing how loons dive, how barnacles feed, and other animal behaviors. The video and field guides were shared with the class and the general public, and the video is available on our Facebook page and our website.

Reading Public Schools



This year we visited four out of five of the Reading public schools with a brief program on bird life, and developed a more in depth relationship with the Wood End School, where we worked with all of the first graders on a habitat modeling program. The first graders had several hours to experience, observe, and compare woodland and wetland habitats. They looked closely at small creatures and specific plant types, and sketched them in color.

Back in the classroom, they each chose a habitat and a living thing on which to focus. They sculpted the habitats out of clay and then added their chosen living thing, and all of its life needs, such as food or sunlight. Students used their own sketches and the field guides we brought to learn more and to make accurate models of their specific lands and animals.



YMCA Camp Spindrift, Gloucester



Going on our 4th year, Kestrel and YMCA's Camp Spindrift have teamed up for the summer, staffed by instructors Curtis and Clay, as well as an array of special quests; Jessica, Caitlin, and Spencer. Each of the eight weeks, campers of all ages participated in Kestrel adventures that kept to the camp themes. For Water Week, campers created water filters, and used water balloons and saltwater to conduct buoyancy experiments. During Pirate Week they learned compass navigation to find hidden treasure. At other times campers wanted to learn survival skills or go tidepooling just for the fun of it! The Kestrel science cabin was open regularly for campers and counselors to bring their cool discoveries to identify and put on display. Campers brought insects, plants, and nature mysteries, excitedly investigating them using field guides, magnifiers, and microscopes along with the Kestrel instructors.

Kestrel Summer Adventures



The third season of Kestrel's own Summer Adventures programs was our busiest and most enjoyable yet. Our youngest explorers

in the Being Animals camp took on life as grassland nesting birds, otters, and coyotes. The blend of stories, games, and wild, muddy explorations was just right for summer mornings. The most popular activity was crafting life sized



homes for the animal of the day and then inventing games in which the campers imagined they belonged to

animal families. Our campers also loved netting plankton and fish from the marsh and then observing them back in the barn. Each week, we made unique creations to take home, such as animal burrows and track stories.

Our Survival Rockport campers enjoyed some new additions this year. Campers received a survival kit to keep, with a compass, fire steel, and other essentials. Our new swimming spot at Old Garden Beach offered opportunities for daily snorkeling, and on some days, we swam with good sized fish. In the forest, our campers excelled at completing weatherproof shelters and nurturing cooking fires. Our wildlife studies intensified this year as well, with a full week of science themed survival, including intensive tracking and insect study.





Special thanks to Essex County Greenbelt Association for allowing us to use Cox Reservation in Essex and Gott Lane Woods in Rockport as our summer classrooms, and thanks to Rockport Elementary School for being our extreme-weather shelter!

The Get Outside Center



With improvements to staffing and community awareness, the Get Outside Center has begun to fulfill its founding purposes to a greater extent this year. We saw many visitors become regulars, local social service agencies brought their own clients in routinely, and adults began to use the center as we had hoped, as a jumping off point for adventures and to get more information about wildlife and wild spaces.

We have observed great depth of interaction, with many visitors staying for an hour or more, interacting with all of our resources. We received many more invitations to community events than we had previously, and were able to build strong partnerships with nearby community organizations. We were also able to host preschool classes throughout the fall and winter, using the center's resources and the local area as program assets. As we had hoped, many of the Get Outside Center's visitors enrolled in our Programs and/or became members. We logged approximately 800 drop-in visitors and another 150 participants in our general public events.

One of our favorite events of the year, the **Student Work Showcase** in the spring was an opportunity for our students to share their work with the general community, and to find out what other young students are creating. As most of our adventures culminate in projects, having a public

event allows us to ask the students whether they want to create for an audience, and to imagine wonderful ways to enlighten that audience with their creative pieces. This year, we had detailed field guides to the life stages of Beverly vernal pond creatures, a video about Salem's coastal wildlife, tideline maps of Conomo Point in Essex, and over a hundred small models of the habitats and wildlife of the Bass River in Beverly. This year we combined our showcase with a belated ribbon cutting for the Get Outside Center, and talks by our students about their involvement with Kestrel. We had a great turnout and students' pride in their work was evident.



Accomplishments

<u>Goal from last year:</u> Continue to expand program reach. Develop partnerships with more Essex County schools and other youth organizations. Reach more grade levels within partner schools.

- Added Reading public schools to our partner districts
- Expanded to Middle School in Rockport Public Schools
- Included 5 additional Salem Schools for a total of 6 schools served with after-school and in-school programs in the City of Salem in grades 1-5
- Added third grade to our work with Manchester-Essex Regional School District



- Collaborated with art teacher at Shore Country Day on multi-day insect project
- Partnered with Project Fun and Sparkify to provide inclusive programming for families and youth

Goal from last year: Continue to increase program depth. Increase the average number of contact hours we spend with each student.

While the majority of programs increased in depth, our total average contact hours continues to hover between 6 and 8. Hundreds of students engaged in science work for between 12 and 30 contact hours with Kestrel Staff.

<u>Goal from last year:</u> Develop and implement effective tools for assessing student growth in science skills, conceptual understanding, and care for the natural world.

- Compiled data from students measuring understanding of ecological knowledge and science skills before and after contact with Kestrel; conducted reflection on effective measures of assessment
- Identified partner organization, Blue Lotus, to pursue work on assessment and evaluation

<u>Goal from last year:</u> Increase the effectiveness of the Get Outside Center as a service for connecting people with the local natural world. Increase visibility and visitation. Hold an increased number of events in the Get Outside Center. Provide services targeted to adults.

- Held steady the number of visitors to Get Outside Center over the course of the year; doubled attendance at events such as Student Work Showcase
- Doubled summer visitors to the Get Outside Center
- Increased length and depth of internships from 4 weeks part-time to 10 weeks full-time

Students and Schools

<u>Beverly</u>

Ayers Ryal Side Elementary School Cove Elementary School Moraine Farm Waldorf School Shore Country Day Brookwood School

Gloucester

Camp Spindrift Pathways for Children

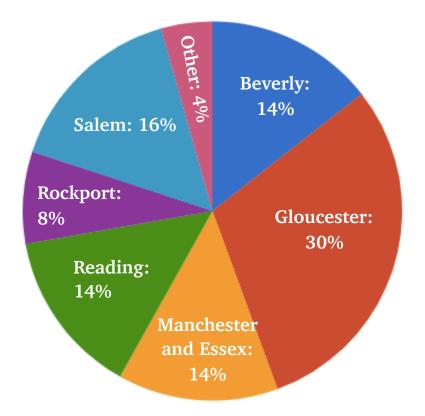
Manchester/Essex

Essex Elementary School Magic Years Preschool Manchester Memorial School

<u>Reading</u>

Joshua Eaton Elementary Birch Meadow Elementary Alice M. Barrows Elementary Wood End Elementary





<u>Rockport</u>

Rockport Middle School

<u>Salem</u>

Horace Mann Laboratory School Bates Elementary Witchcraft Heights Elementary Bentley Academy Charter School Expanding Horizons Program S.T.E.M. Magnet Program @ Witchcraft Heights and Nathaniel Bowditch School

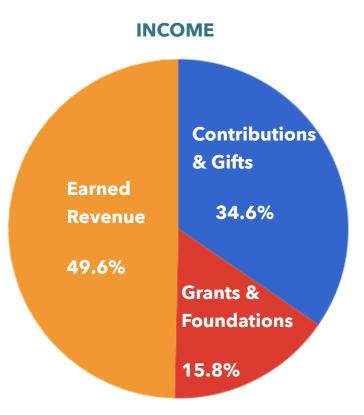
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We also provide programming to homeschooled children from a variety of other towns.

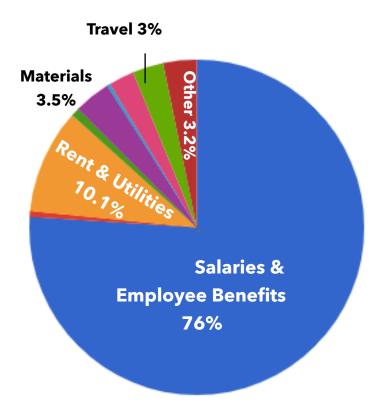
Financials 9/1/16 - 8/31/17

Income	
Contributions and Gifts	\$46,191
Grants and Foundations	\$21,075
Earned Revenue	\$66,317
TOTAL INCOME	\$133,583

Expenses	
Salaries, employee benefits	\$98,520
Professional & Contractual Fees	\$725
Rent, Utilities and Maintenance	\$13,107
Fundraising	\$1,081
Program and Office Materials	\$4,511
Marketing and Promotion	\$434
Insurance	\$3,198
Program Travel Expenses	\$3,868
Other	\$4,185
TOTAL EXPENSES	\$129,089
Net for the year	\$4,494



EXPENSES



Goals for 2017 - 2018

- Increase public support for and visibility of the Get Outside Center through expanded internships, Open Houses, Sponsorships, and Student Work Showcases
- Provide professional support and development for staff on social emotional learning and environmental behavior impact



- Draw on expertise of partner organizations and individuals to train staff in documentation and assessment of student work and learning
- Continue to expand grade-levels of programs in partner schools and reach community members outside our historic age ranges, including teenagers, preschoolers and adults





Supporters

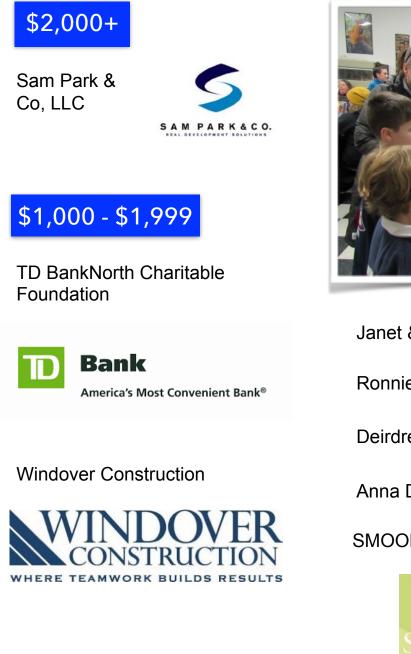
Grants, Foundations, and Corporate Donations

Name	Amount	
Name	Amount	Program
The Education Foundation for Rockport	program fees	Rockport Middle School
Forest Foundation	\$5,500.00	Summer GOC Intern
New England BioLabs Foundation	\$5,000.00	Salem Programs
Dusky Foundation	\$3,000	General organizational support
Project Fun	\$2,800.00	Family Program
New England BioLabs Corporate	\$2,500.00	Essex County programs
Captain Planet Foundation	\$2,475.00	Millbrook Pond Wildlife Relocation & Study Project
Institution for Savings	\$2,400.00	Rockport Middle School 6th grade
Manchester-Essex Conservation Trust	\$740.00	MERSD Transportation costs
Awesome Gloucester Foundation	\$1,000	Binoculars to help create a classroom set
Toad Hall Bookstore	\$400.00	Binoculars to help create a set





Get Outside Center Sponsors for 2017 - 2018





Janet & Graham Walker

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Deirdre Mulligan

Anna DiPerna

SMOOK Architecture & Urban Design





Dick & Deborah Carlson

Susan Evans

Helen Featherstone

Get Outside Center Sponsors for 2017 - 2018 (cont.)

\$100 - \$499

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Hazel Hewitt	Deborah Jencks	Jessica Kagle
Emily Kahn	Lyons Family Trust	Bruce Miller in honor of JulieAnne Dejoy
Joseph Muzio	Kathryn Withers	

up to \$99

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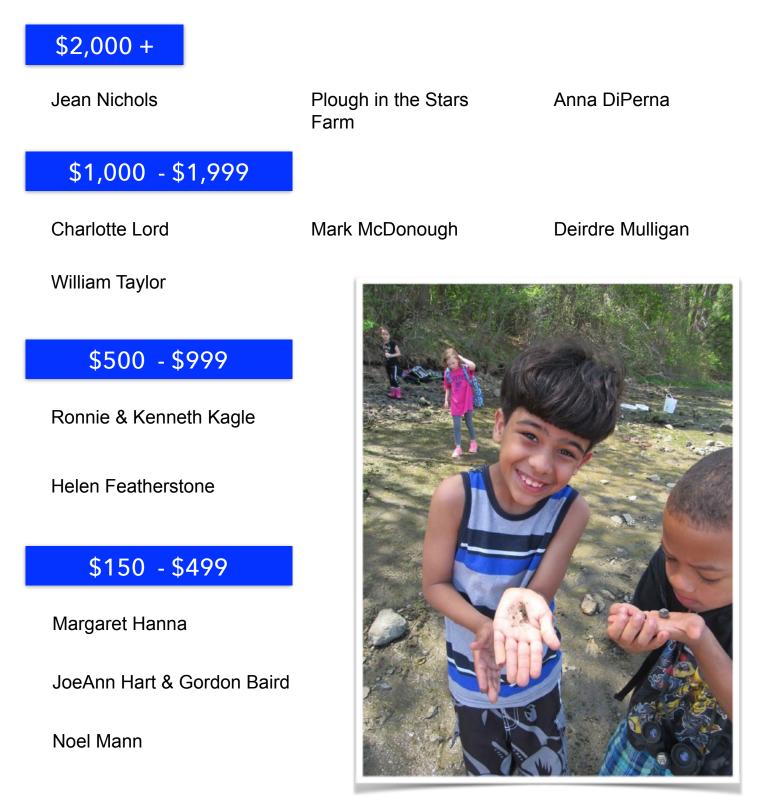
Theresa & William Byrne





Individual Donors

We would like to appreciate the support of the following donors:



Individual Donors (cont.)

up to \$149

Miriam Bradford	Philip & Alice	Brickner	Deborah Chandler
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Steward Outdoor	Ted "Frederick" Tarr		
Nancy Tharler	Jennifer Woodin		
Laurie Wilczynski Zollo			XY
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Thanks also to Chipotle for hosting a fundraising evening.

Special Thanks

Volunteers and In-kind Donations:

Thank you Torey Adler, Colleen Anderson, Tracy Bowen, Jeff Cochand, Rick Doucette, Kim Edelman and Phil Baroana, Benjamin Flemer, Herlihy family, Beth and Andy Knox, Maritime Gloucester, McAllister Family, Mark McDonough (and the Serenitee Restaurant Group), Rob Newton and the Cape Ann Cinema and Stage, Rick Roth and The Cape Ann Vernal Pond Team, Jim's Bagel Shop, William Taylor, Christine Kaye, Danielle Demetri, Brian Windmiller and Emilie Schuler, and many others too numerous to mention, who provided advice, support, and inspiration this fiscal year.

> Board of Directors Caitlin Featherstone (Chair) Anna DiPerna (Treasurer) Emily Kahn (Clerk) Jeff Denoncour Deirdre Mulligan Rick Roth

An extra special thank you to our indispensable Get Outside Center Volunteers:

Alex Kleros Elizabeth MacDougal Nicole Vasopoli Peter Warny Katherine Withers and Get Outside Center Intern Spencer Taft.



Our Favorite Places Online Auction

We were thrilled to continue our online auction this year, focusing on our favorite local businesses, artists, places, and people. The auction was a huge success thanks to our donors, and the many enthusiastic bidders. Thank you all. And please continue to support our favorite places - we know you'll love them as much as we do!

12 Oak Growth and Renewal 7 Seas Whale Watch A New Leaf Amy Conant Animal Krackers Anmol India Ben Flemer Bit Bar Bose Boston Red Sox Cake Ann Bakery Cala's Food and Spirits Cape Ann Brewing Company Cape Ann Cinema and Stage **Cape Ann Coffees** Capt. Bill & Sons Carl Gasowski, Photographer Cha Cha La Mer Chapman's Greenhouses & Gardens CinemaSalem Coffee Time Bake Shop CinemaSalem Common Crow **Coveted Yarn** David FitzSimmons Deborah Coull Salon Deirdre Mulligan

Doggie Depot

Edible Arrangements Eileen Mahoney Essex Shipbuilding Museum Faith Ostan Hall Photography Firenze Trattoria **Folkmanis Puppets** Freddi Triback **Fusion Andina** Gemma Flavin Gloucester Uechi Karate Academy Goodlinens Grace Murdoch Green Meadows Farm Harry's Pizza and Deli Hauswitch Jean Nichols **Jimmy Tarantino** Kaihlanen Gallery Kathie Babcock Latitude 43 Linda Sylvester Lopardo Family Manchester By The Book Maritime Gloucester **Michelle** Crosbie New England Soup Factory Nor'east Cleaners

Organic Garden Cafe Pamplemousse Pleasant Street Tea Company Rebecca Carson **Refind Boutiques** Savour Wine & Cheese Siam Delight SummerQuest at the Crane Estate Superfine Susan Hedman Jean Nichols The Cabot The Castle Board Game Cafe The Cheese Shop of Salem The Monarch Gardener The Pewter Shop Todd's Auto Repair Treetop Yoga **Trustees of Reservations** Village Silversmith Virgilio's Italian Bakery Warren Rhodes Wild Oats Health Food Store Willow Rest Zen Animal Massage Zumi's Espresso